That Takes Ovaries

Celebrating gutsy women around the globe – because courage is contagious

www.ThatTakesOvaries.org • (781) 583-1515 • Info@ThatTakesOvaries.org

For U.S. Government EEO and HR Specialists, Directors of Public Affairs, Coordinators of Women's and Diversity Programs, SAPRO Reps in the Military, DoD and Intelligence Communities

Invite our *Diversity and Gender Event* to your community



We offer a multicultural event that celebrates diverse women's strength and courage. Our inspirational women's empowerment event, THAT TAKES OVARIES, celebrates gutsy women around the globe -- because courage is contagious. Based on our multicultural book and play of the same name, 1000+ That Takes Ovaries events have been held across the U.S. and globe. Invite our professional staff to lead this fun, transformational, audience-participatory program that celebrates diversity and courage and ties in to sexual assault prevention and bystander intervention.

We also offer a separate event, "LEADING A BOLD LIFE (LBL): Recognizing the risk-taker in all of us – because courage is contagious." It also celebrates multiculturalism, courage and diversity, but is geared equally to a mixed-gender audience. Ask to see our separate LBL information.

Please watch our colorful video at ThatTakesOvaries.org

Entertaining and participatory, our That Takes Ovaries events raise both women and men's consciousness, benefiting male and female participants alike.

Our That Takes Ovaries Events Include

• Pre-event "needs assessment" where we learn from you the issues facing women in your community (e.g. sexual assault, body image issues, eating disorders, etc.). We shape the event according to your needs and issues.

• Talk/workshop where we ask, "Why lead a bold life; why should women/girls lead a bold life?"

• Entertaining dramatic readings of excerpts from our play: Diverse women's true stories of gutsy and courageous deeds -- from playful to political. Dramatic readings done by women from your community who we coach in advance. They join us on stage.

• An open mike: Audience members -- all genders -- spontaneously share stories about times they or the women in their lives acted boldly. All who share receive a chocolate egg wrapped in gold foil, a Golden Ovary Award, for their courage.

That Takes Ovaries: Celebrate multiculturalism and women in one event



BRING US FOR

- Women's History Month March
- Sexual Assault Awareness Month April
- Women's Equality Day August 26th
- Domestic Violence Awareness Month October
- Any month at all!

PRAISE

This [Leading a Bold Life] leadership initiative was well attended and contributed to the success of our Federal Women's Program. The challenge to lead a bold life has inspired us to continue celebrating strength and courage within ourselves and others. The dramatic readings were a powerful reminder that we can all choose courage and that as we do, others find they are challenged to be courageous also. This audience-participatory event empowered and raised the consciousness of both men and women... I am sure that lives were changed as a result...

Michael Waschull Deputy Commander Office of Naval Intelligence

Speaking as a veteran and a former assistant professor at the US Air Force Academy, I am quite pleased to have recently had the opportunity to attend the program "That Takes Ovaries: Leading a Bold Life." I was impressed with the result produced in such a relatively short amount of time. This program should certainly be offered to the military community, most especially women in the military, from women cadets to returning women veterans to military spouses. I also think men in the military would enjoy the program, as it raises everyone's level of awareness and consciousness about women's issues -- yet it does so in a way that does not put men in an uncomfortable position. I believe "That Takes Ovaries" will be a good fit for those seeking a short empowering, entertaining and diverse program for both women and men in the military. The best part of TTO is that everyone leaves the event ready to go out and lead a more bold life.

Kari Granger Former US Air Force Captain

I thoroughly enjoyed the Leading a Bold Life presentation/workshop and am very happy I attended. I feel my time spent was very worthwhile and would highly recommend the event at our Command. I am forwarding your attachments to our Deputy EEO Officer. Thank you again.

Johanna O'Neill PM5 Admin Asst Military Sealift Command I enjoyed attending the presentation Leading a Bold Life because it was inspiring and out of the ordinary. It allowed me an opportunity to step outside of the humdrum everyday to recognize and applaud some jewels of humanity. The shocking segment "Documenting It" about the sex trafficking of young girls should be standard at each and every presentation. Between the dramatic readings, participants sharing their own stories and one on one discussions, I am prompted to revisit my "bucket list." Thank you.

Cathy Rose EEO Specialist Headquarters, Dept of the Army

As part of our Human Resources sponsored Diversity Series, I am so glad we brought That Takes Ovaries. The program was amazing and the response from the audience was nothing short of a movement to embrace, affirm, share and discover our connectedness through stories of courage, wit and sheer determination. I recommend this program to any organization interested in building more effective teams.

Linda Cunningham, Human Resources and Diversity Director University of Nebraska Medical Center, Omaha, NE

We wanted an event that would be a big culmination to International Women's Week at Stanford University. That Takes Ovaries was just what we were looking for -- vibrant, intelligent, challenging, hilarious, and completely unabashed. We loved it! What a pleasure it was working with you. You are genuinely inspiring.

Mitali Thakor, Stanford University Co-President of Promoting Women's Health and Human Rights, CA

We at Diversity Initiatives were named Educational Program of the Month because of our presentation of That Takes Ovaries. We look forward to future collaborations with your organization in hopes of providing our students with events that challenge them to seek opportunities of cultural immersion. We want them to experience life as culturally competent citizens and your event has helped us achieve that goal.

Jelisa Sinn-Braswell, Diversity Initiatives, Office of Student Activities Christopher Newport University, Newport News, VA

I was simply blown away. The themes and issues explored are inspiring to all. The women's stories she compiled strike universal themes of empowerment, belonging and equity. They leave you with a feeling of connectedness and commitment to justice in your own and others' lives.

Jack Kahn, Co-Chair, NOMAS-B National Organization for Men Against Sexism--Boston, MA

> **More Info** Watch our video, download our PR packet: <u>ThatTakesOvaries.org</u> Inquire about availability: Rivka@ThatTakesOvaries.org, 781-583-1515

Overview of That Takes Ovaries (TTO) Events

- TTO events are multicultural, audience-participatory, approx. 2-hour events for women and men.
- TTO events celebrate multiculturalism and courage by showcasing the diversity in your community and simultaneously encouraging all participants to lead bold lives.
- In particular, TTO events focus on the courage of women and girls.
- We have held 1000+ women's empowerment events to date for mixed-gender audiences.
- Don't miss this opportunity to engage women and men in your school or organization in a celebration of courage and boldness. Invite us to your workplace, campus or conference today.

Culturally-diverse empowerment model

Our TTO event offers a culturally-diverse empowerment model that combines story-sharing and drama to raise participant self-esteem and leadership skills so they will be confident risk-takers, both in their personal lives and in the larger community. This high-energy, highly-participatory event is fun and inspiring while dealing with the serious business of what it means to have courage at work, at school, at home or anywhere else -- especially for women and girls.

Celebrates bravery

TTO events celebrate all acts of bravery, from speaking up in a meeting when it would be easier to remain silent to standing up to the school yard bully to working for equality and social justice. The purpose of this event is to develop leadership skills, such as public speaking and the courage to act boldly when required – for example, with bystander intervention: interrupting racism or sexual harassment participants may witness in their private lives or at work.

Broad audience

TTO events can be delivered to a broad audience of women and men from across your school or organization, or as a team-building experience for work groups and departments. Perfect for diversity events and women's events, TTO can be offered to multicultural groups, women's networks or other employee resource groups.

Flexibility

TTO events have flexibility so that it can meet your group's specific needs. After conducting a Needs Assessment with you, we tailor your event so that it addresses your school or organization's specific issues relating to women and around change, leadership, diversity and gender dynamics.

Origins

We have conducted our women's empowerment events over the last 12 years, with 800+ events held to date. We developed our events to include a unique mix of inspiring discussion and probing questions about why a person -- especially women -- should lead a bold life, then we added in dramatic readings, storytelling and audience participation. All this adds up to celebrating the bold acts of both women and men, all while focusing on women's courage.

At the event

The event begins with an interactive talk entitled, "Leading a Bold Life," where the discussion centers around why it is important to be gutsy and brave, both personally and for the larger community. This is followed by dramatic readings – true stories of boldness delivered by people from your community. (Our trained facilitators coach each dramatic reader in advance of the event.) Participants engage in a dialogue about stepping up to challenges, big and small, and making an impact. Finally, there is an open mike portion that encourages the audience to share personal

stories of times they acted boldly. The goal is to capture moments of personal triumph, thus spurring courage and bold living in all who attend the event.

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Mission, Objectives and History

Mission Statement: Because Courage is Contagious

Based on the belief that courage is contagious and that all who identify with female gender are born leaders, That Takes Ovaries (TTO) celebrates the gutsy, bold, courageous acts of women and girls, both locally and globally. Our empowerment model combines the arts with activism to encourage women to be all-around strong, risk-taking females. Our TTO work is based on a best-selling book, a theatrical play and fun, inspiring, audience-participatory TTO open mike events (story-sharing sessions), which can also serve as PR and/or fundraising events for worthy women and girls' causes. Building on the success of our That Takes Ovaries events, our newest event offering is geared towards all genders and is titled "Leading a Bold Life: Recognizing the Risk-Taker in All of Us." TTO is based in Massachusetts, U.S.

Objectives of TTO

That Takes Ovaries aims to:

- Inspire the local event organizers and audience participants to celebrate being women and girls.
- Motivate women to be bold risk-takers, and thus live more fulfilling, adventurous lives.
- Encourage women to not accept limits imposed on them by a sexist society.
- Empower women to continue taking risks in their lives and be invigorated to keep doing social justice and boundary-breaking work, both personally and politically.
- Give women a place where their voices and experiences are heard and respected.
- Develop women's leadership.
- Foster grassroots activism among women.
- Raise community awareness for local and international women and girls' causes.

* * *

Invite Us

For more information on bringing a customized, diversity-oriented, women's empowerment-oriented event to your community, where people of all genders and backgrounds learn to lead more bold lives, visit ThatTakesOvaries.org and contact Rivka@ThatTakesOvaries.org // 781-583-1515.



DEPARTMENT OF THE NAVY OFFICE OF NAVAL INTELLIGENCE 4251 SUITLAND ROAD WASHINGTON, DC 20395-2000

> IN REPLY REFER TO 5000 Ser ONI-01/0006 4 Feb 14

Rivka Solomon Executive Director PO BOX 3582 Amherst, MA 01004

Dear Ms. Solomon: RivkA,

The Office of Naval Intelligence (ONI) would like to thank you for the recent presentation of the workshop "Leading a Bold Life...Because Courage is Contagious" by the organization "That Takes Ovaries" on 3 December 2013. We appreciate the time, energy, and resources that you devoted to accomplishing this program at ONI. This leadership initiative was well attended and contributed to the success of our Federal Women's Program.

The challenge to lead a bold life has inspired us to continue celebrating strength and courage within ourselves and others. The dramatic readings were a powerful reminder that we can all choose courage and that as we do, others find they are challenged to be courageous also. This audience-participatory event empowered and raised the consciousness of both men and women.

Thank you for your generosity and willingness to work within our constraints. I am sure that lives were changed as a result of your courage to step out and try a different venue.

Sincerely,

MICHAÈL E. WASCHULL Deputy Commander Office of Naval Intelligence

Sincere Hunks for Fielding an outstanding Moderator!

THAT TAKES OVARIES Celebrating Gutsy Women Around The Globe – Because Courage Is Contagious



AN ENTERTAINING, DRAMATIC EVENT SHOWCASING WOMEN'S ESTROGEN-POWERED DEEDS!

Salutes ballsy acts by bold women the anatomically correct way.

– Glamour magazine

[The] irresistible idea of highlighting take-charge, no-nonsense women. - San Francisco Chronicle Look no further. That Takes Ovaries is powerful theater. — *Ms.* magazine



"Our audience-participatory program celebrates everyday women's strength and courage — including your own local feisty females. Invite us to your community, campus or conference to lead this empowering, transformational event."

-Rivka Solomon, Writer & Exec. Director

- Hundreds of our events held around the globe
- Based on our best-selling book and dramatic play
- Multicultural, diverse, all ages, all genders
 Raises women and men's
 - Kaises women and men's consciousness

"We wanted a big culmination to International Women's Week. Just what we were looking for: Vibrant, intelligent, challenging, hilarious, completely unabashed, genuinely inspiring." — Women's Program, Stanford University

"Our group, Diversity Initiatives, was named Educational Program of the Month because of That Takes Ovaries. We want [students] to experience life as culturally competent citizens; your event helped us achieve that goal."

Student Activities Office, Christopher Newport University



Colorful Video & PR Packet at: ThatTakesOvaries.org

or Call 781-583-1515